

SERMON NOTES FOR SUNDAY – SEPTEMBER 19, 2010  
TRINITY LIFE CENTER – SACRAMENTO, CA  
DR. GLEN D. COLE – SENIOR PASTOR

---

**TITLE:** “Getting Even With A Person”

**TEXT:** Matthew 5:43-48

**INTRODUCTION:** Are you successful? Jesus measured success in terms of happiness, inner peace and joy. “Love your enemies .... That you may be the children of your Father, Who is in heaven...” What does this kind of approach to life do for you?

I: IT ELIMINATES THE BURDEN OF TENSION AND DEPRESSION

1. It has been said that many people are ill, not because of something they have eaten, but because of something eating them.
2. God has made us with the capacity to love and to hate, to be joyful and sorrowful, to be elated or depressed.
3. When we hate we are acting against the will of God and the teaching of Christ.

II: IT ELIMINATES RASH ACTIONS

1. Often when driven by anger and hatred, people rush into actions which only make things worse.
2. Emerson said of Lincoln: “His heart was as great as the world, but there was no room in it to hold the memory of a wrong.”

III: IT WILL ELIMINATE THE ENEMY

1. Story of a godly man killing his enemy.
2. Pray for those who spitefully use you.

**CONCLUSION:** When character assassinations, hatred in the home, animosity toward others exists, it must be brought to the CROSS. Here is the progression ....

LOVE THEM  
DO GOOD TO THEM  
PRAY FOR THEM