

SERMON NOTES FOR SUNDAY – APRIL 18, 2010  
TRINITY LIFE CENTER – SACRAMENTO, CA  
DR. GLEN D. COLE – SENIOR PASTOR

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**TITLE:** “Growing In Courage and Might”

**TEXT:** I Corinthians 10:12-13; Proverbs 10:29

**INTRODUCTION:** Facing life takes a positive attitude. There are things that can keep us out of the valleys that life brings our way. HOW TO BE STRONG?

I: PRAYER – I John 5:14-15

1. We pray because God is!
2. Prayer is communion and life is distorted without it.
3. This is where loss of fellowship and victory both start.

II: CHURCH SERVICES – Ephesians 2:19-22; 4:16

1. A must for growing in courage and might!
2. Paul longed to be with the church – Romans 1:11.

III: THE LORD’S DAY

1. One day out of seven for God!
2. “The Sabbath was made for man” (Mark 2:27).
3. Is it a day of “Growing in Courage and Might?”

IV: BIBLE READING

1. Our handbook for life!
2. Suggestion: Turn off the TV and read the Bible!

V: THE SACRAMENTS

1. Baptism ... to start the Christian life.
2. Communion ... to keep it going.

VI: FRIENDSHIP

1. Solitary religion is unhealthy!
2. Lessons from geece!

VII: SERVICE

1. Exert yourself for God!

VIII: BAPTISM OF THE HOLY GHOST