

SERMON NOTES FOR SUNDAY – NOVEMBER 29, 2009
TRINITY LIFE CENTER – SACRAMENTO, CA
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TITLE: “Victory Over Fear”

TEXT: Genesis 15:1-6

INTRODUCTION: The Bible begins with “Fear not,” or “Do not be afraid,” and ends the same way...”Fear Not! I am the First and the Last.”

God says “Fear not” more times than anything else in the Bible.

I: WHAT FEAR DOES

1. The positive side to fear
2. The negative side to fear

Phobias – more than 70 in the dictionary

- Claustrophobia (closed places)
- Agoraphobia (fear of open places)
- Acrophobia (fear of heights)

Where disease kills its thousands, fear kills its tens of thousands!

II: WHERE DOES FEAR COME FROM

1. Was not present in the Garden of Eden ... until man sinned
2. Will not be present in the coming Messianic Kingdom
3. We do not understand the principles of God’s Kingdom – “Do not fear, little flock, for it is your Father’s good pleasure to give you the kingdom” (Luke 12:32).

III: THE CURE FOR FEAR

1. Astute observation ... most of the things we dread never happen!
2. A will to control fear and worry
3. Trust in God – Isaiah 12:2 – “I will trust and not be afraid.”

CONCLUSION: Faith and fear cannot live together. Fear is self-centered. Faith is God-centered!