

SERMON NOTES FOR SUNDAY – AUGUST 9, 2009  
TRINITY LIFE CENTER – SACRAMENTO, CA  
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**TITLE:** “Victory Over Loneliness”

**TEXT:** Jeremiah 15:17; Psalm 84:1-4

**INTRODUCTION:** **Jeremiah** “sat alone” ... **David** longed for the altars of the tabernacle, shut away in a lonely place.

Billy Graham – “Loneliness plagues more people these days than any other problem”  
Paul Tournier, Christian Psychiatrist – “Loneliness is the most devastating malady of this age.”

Albert Einstein – “It is strange to be known so universally and yet to be so lonely.”

Joe Average – “Today’s high-rise apartments are ‘monuments to loneliness.’”

Two causes of LONELINESS to look at today:

I: SEPARATED FROM PEOPLE

1. It can get awfully lonely at the top!
2. The loneliness of separation.
3. The loneliness of not being able to keep up with the times.
4. The loneliness of rejection.
5. The loneliness of failure.

II: SEPARATED FROM GOD

1. Unite with God through Jesus Christ.
2. Unite with people
3. Know God’s feeling about you.

**CONCLUSION:** “I expect to pass through  
This world but once;  
Any good thing, therefore,  
That I can do,  
Or any kindness that I can show  
To my fellow-creatures  
Let me do it now;

Let me not defer or neglect it,  
For I shall not pass this way again.”